



## IPOKRATES Clinical Seminar Neonatal Infectious Diseases

 Eurostars Oporto, R. Mte. Guilherme Camarinha 212,  
4200-537 Porto, Portugal  
Date: 16 – 18 April 2026

### Objectives

IPOKRATES seminars provide high quality postgraduate education which enables professionals to keep abreast of the most recent developments and offer participants the opportunity to discuss clinical problems or scientific issues personally with international experts.

The objective of this meeting is to provide an updated overview of relevant topics in neonatal infectious diseases. The program aims to promote the exchange of knowledge on prevention, diagnosis, and management of infectious diseases, antimicrobial use, and infection control in neonatal and pediatric settings.

The meeting will address current challenges in clinical practice, emerging pathogens, and new diagnostic and therapeutic approaches, as well as broader public health issues affecting children. Through expert lectures and discussions, the meeting seeks to support evidence-based practice and foster multidisciplinary collaboration among healthcare professionals.

### Lecturers

Adriana Cadilla	Nemours Children's Hospital, Orlando, FL, USA
Richard Polin	Columbia University, New York, NY, USA
Lisa Saiman	Columbia University, New York, NY, USA
Larry Stanberry	Columbia University, New York, NY, USA

### Information

IPOKRATES Head Office  
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### Participation Fees

Costs for overnight accommodation and meals are not included

#### Single person

before Februray 26, 2026	€ 400,-
after February 26, 2026	€ 450,-

#### Member of Portuguese Neonatal Society

before Februray 26, 2026	€ 400,-
after February 26, 2026	€ 400,-

The Number of Participants is limited to 60

#### Please Note:

Only registered participants, NO on site registration! Please register via Internet:  
 [www.ipokrates.info](http://www.ipokrates.info)

### Host

Dra. Cristina Ferreras  
IPOKRATES Porto group  
Service of Neonatology  
ULS São João Porto, Portugal  
✉ [cristinaferreras87@gmail.com](mailto:cristinaferreras87@gmail.com)

### Program Design

Richard Polin, Columbia University, New York,  
NY, USA

### Target Audience

Neonatologist, physicians and nurses caring for critically ill neonates and individuals involved in scientific research related to neonatal infection

### Major Sponsor

Dräger  
Nestlé Nutrition  
Institute



### Local Sponsors



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### Program

Thursday, April 16, 2026

**08:30-08:45 Introduction to program**

*Richard Polin, Henrique Soares*

**08:45-09:45 Ten myths about early-onset neonatal sepsis**

*Richard Polin*

**09:45-10:45 Sorting out antibiotics**

*Adriana Cadilla*

**10:45-11:15 Break**

**11:15-12:15 Fungal infections in < 24-week gestation neonates**

*Lisa Saiman*

**12:15- 13:30 Lunch**

**13:30-14:30 Prevention and management of respiratory syncytial virus in young children**

*Larry Stanberry*

**14:30-15:30 Pathogenesis and prevention of necrotizing enterocolitis**

*Richard Polin*

**15:30-16:00 Break**

**16:00-17:00 Development of a guideline for antifungal use for *Candida* spp.**

*Lisa Saiman*

**17:00-17:30 Panel Discussion**



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### Program

**Friday, April 17, 2026**

**08:30-09:30 Novel antibiotics for multi-drug-resistant organisms**

*Adrienne Cadilla*

**09:30-10:30 Neonatal meningitis**

*Richard Polin*

**10:30-11:00 Break**

**11:00-12:00 Influenza in Pregnant Women, Children and Healthcare Workers**

*Larry Stanberry*

**12:00-13:00 Lunch**

**13:00-14:00 Risk factors and pathogens associated with surgical site infections**

*Lisa Saiman*

**14:00-15:00 Use of metagenomic testing in the NICU**

*Adrienne Cadilla*

**15:00-15:30 Break**

**15:30-16:30 Children's Health issues in a changing climate**

*Larry Stanberry*

**16:30-17:30 Panel Discussion**

### Program

**Saturday, April 18, 2026**

**08:30-09:30 Healthcare associated infections: Lessons learned and relearned**

*Richard Polin*

**09:30-10:30 Congenital CMV**

*Adrienne Cadilla*

**10:30-11:30 Impact of active surveillance for MRSA and MSSA colonization on invasive infections**

*Lisa Saiman*

**11:30 Adjourn**